

MULTIPLE CHOICE

1. Which of the following is a primary prevention measure for a 76-year-old man newly diagnosed with a testosterone deficiency?
A. Calcium supplementation C. Bone density test
B. Testicular self-exam D. Perform digital rectal exam (DRE)

ANS: A PTS: 1

2. Which of the following is an example of secondary prevention in a 50-year-old woman?
A. Yearly mammogram C. Seat belt use
B. Low animal fat diet D. Daily application of sunscreen

ANS: A PTS: 1

3. Which of the following is an example of tertiary prevention in a patient with chronic renal failure?
A. Fluid restriction C. High-protein diet
B. Hemodialysis 4 days a week D. Maintain blood pressure at 120/80

ANS: B PTS: 1

4. Immunizations are an example of which type of prevention?
A. Primary C. Tertiary
B. Secondary

ANS: A PTS: 1

TRUE/FALSE

1. Prevalence is the number of new cases of a particular disease.

ANS: F PTS: 1

2. The number of all cases of a particular disease for the past 5 years is an example of the incidence rate.

ANS: F PTS: 1

3. “There are 1,185,000 cases of HIV/AIDS in the United States” is an example of the morbidity rate.

ANS: T PTS: 1

4. *Endemic* is the term used when the presence of an event is constant.

ANS: T PTS: 1

5. The “bird” flu of 2005–2006 is considered a sporadic outbreak.

ANS: F PTS: 1

6. A pandemic affects many communities in a short period of time.

ANS: T PTS: 1