Pool Canvas

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Name Chapter 01: The Aging Population
Description Diploma exported pool
Instructions

Modify

Add Question Here

Question 1 **Multiple Choice** **1 points** Modify Remove

Question A nurse who works on a subacute medical unit of a hospital is discussing the increasing population of older adults on the unit with a colleague. Which of the colleague's following statements about older adults is most accurate?

Answer
A. “Fortunately, Social Security ensures a sufficient level of income for people over age 65.”
B. “It helps that older people don't have to directly incur any costs for their medical care.”
C. “Most of the older clients on the unit will have come to us from nursing homes.”
✓ D. “It's reassuring that people are starting to show more respect and concern for older adults than in decades past.”

Correct Feedback The formation of the Administration on Aging, enactment of the Older Americans Act, and the introduction of Medicaid and Medicare all occurred in 1965. Since that time, society has demonstrated a growing concern for its older members. Myths about older people include the belief that Social Security ensures them an adequate income, that they do not have to pay for medical care, and that most older adults live in nursing homes.

Incorrect Feedback The formation of the Administration on Aging, enactment of the Older Americans Act, and the introduction of Medicaid and Medicare all occurred in 1965. Since that time, society has demonstrated a growing concern for its older members. Myths about older people include the belief that Social Security ensures them an adequate income, that they do not have to pay for medical care, and that most older adults live in nursing homes.

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Question 2 **Multiple Choice** **1 points** Modify Remove

Question A public health nurse who directs a homecare program that serves an area with a large population of older adults is conducting a long-term strategic plan. Which of the following phenomena should the nurse take into account when planning for the future?

Answer
A. While life expectancy will continue to rise, the percentage of older adults in the U.S. relative to the overall population will decrease slightly.
B. By 2020, over one-third of Americans will be over the age of 65.
✓ C. Both life expectancy and the percentage of people over 65 in the population will increase in coming decades.
D. The increase in sedentary lifestyles and chronic conditions such as diabetes is expected to bring a gradual decrease in the number of older adults by 2020.

Correct Feedback Both life expectancy and the percentage of individuals over age 65 are expected to increase in coming years. By 2020, 17% of the population is expected to be over age 65.

Incorrect Feedback Both life expectancy and the percentage of individuals over age 65 are expected to increase in coming years. By 2020, 17% of the population is expected to be over age 65.

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Question 3 **Multiple Choice** **1 points** Modify Remove

Question A nurse who practices in a long-term–care facility is providing care for a 101-year-old black female. The nurse's co-worker states, “It's gratifying that black people in this country are finally reaching the same levels of health that white people are enjoying.” How can the nurse best respond?

Answer
✓ A. “Actually, the difference in life expectancy between black people and white people is growing, not shrinking.”
B. “We've not yet arrived at a place where the life expectancies are equal between black and white people, but the gap is decreasing gradually.”
C. “Black women do tend to live longer than white women, but the overall life expectancies when men are included are not yet equal.”
D. “You're right. Since the 1980s the life expectancies of black and white Americans have remained nearly the same.”

Correct Feedback Since the 1980s, the gap between life expectancies of black Americans and white Americans has been increasing rather than decreasing. Black women do not tend to live longer than white women.

Incorrect Feedback Since the 1980s, the gap between life expectancies of black Americans and white Americans has been increasing rather than decreasing. Black women do not tend to live longer than white women.

Add Question Here

Question 4 **Multiple Choice** **1 points** Modify Remove

Question Which of the following phenomena most likely accounts for the fact that more women than men live alone later in life?

Answer
✓ A. Women tend to both live longer than men and marry men older than themselves.
B. Men tend to have greater access to long-term–care facilities due to higher incomes and savings.
C. Men are more likely to live with younger family members following the death of a spouse.
D. Social pressures tend to stigmatize older men who live alone.

Correct Feedback The fact that women live longer than men and often marry men older than themselves accounts for their higher rates of living alone in old age. Men are not known to have greater access to care facilities, to be more likely to live with younger family members, or to face stigma for living alone.

Incorrect Feedback The fact that women live longer than men and often marry men older than themselves accounts for their higher rates of living alone in old age. Men are not known to have greater access to care facilities, to be more likely to live with younger family members, or to face stigma for living alone.

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Question 5 **Multiple Choice** **1 points** Modify Remove

Question Which of the following statements most accurately captures an aspect of the income and employment realities of older adults in the United States?

Answer

A. Increasing costs of living mean that men tend to retire from the workforce later than they did in past decades.
✓ B. Most older adults depend on Social Security for the majority of their income.
C. The percentage of older adults in the workforce is increasing.
D. Increasing costs of living mean that larger numbers of older adults presently live in poverty compared with generations past.

Correct Feedback Though originally planned as income supplement, Social Security constitutes a majority income source for most older Americans. Men tend to retire earlier, not later, than in decades past, and older adults constitute a shrinking percentage of the workforce. Poverty rates among older adults are decreasing.

Incorrect Feedback Though originally planned as income supplement, Social Security constitutes a majority income source for most older Americans. Men tend to retire earlier, not later, than in decades past, and older adults constitute a shrinking percentage of the workforce. Poverty rates among older adults are decreasing.

Add Question Here

Question 6 **Multiple Choice** **1 points** Modify Remove

Question A care aide employed on a geriatric medicine unit of a hospital expresses frustration that “old people get sick so much more often that young people.” What is the nurse's most appropriate response to this statement?

Answer

A. “In fact, the prevalence of obesity and accompanying chronic illnesses mean that young people actually have more chronic conditions than older adults.”
B. “It's actually a myth that older adults require more hospitalization than young people.”
✓ C. “Actually, older adults experience fewer acute illnesses than younger people; it's just that they tend to take longer to recover from them.”
D. “With the increase in life expectancies in recent years, most older people actually live free of chronic diseases until very late in life.”

Correct Feedback The incidence of acute illness is lower among older adults than younger adults, though recovery times tend to be longer. Older adults tend to have a higher incidence of chronic illness and require more frequent and longer hospitalizations.

Incorrect Feedback The incidence of acute illness is lower among older adults than younger adults, though recovery times tend to be longer. Older adults tend to have a higher incidence of chronic illness and require more frequent and longer hospitalizations.

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Question 7 **Multiple Choice** **1 points** Modify Remove

Question Which of following statements most accurately captures the role of chronic illness in the lives of older adults?

Answer

✓ A. Chronic illnesses constitute the leading cause of death for older adults.
B. More older adults die from acute illnesses than from chronic diseases.
C. While chronic diseases used to be the leading cause of death, this is no longer the case.
D. While cancer rates have fallen in recent years, chronic heart disease constitutes an increasingly common cause of death.

Correct Feedback Chronic illnesses constitute the leading cause of death for older adults, exceeding those attributed to acute illnesses. The presence of heart disease as a cause of death has decreased in recent years, while cancer has become more prevalent.

Incorrect Feedback Chronic illnesses constitute the leading cause of death for older adults, exceeding those attributed to acute illnesses. The presence of heart disease as a cause of death has decreased in recent years, while cancer has become more prevalent.

Add Question Here

Question 8 **Multiple Answer** **1 points** Modify Remove

Question The board of a large chain of hospitals has commissioned a strategic plan in order to meet the care needs of baby boomers in coming years. Which of the following trends constitutes a sound basis for understanding the baby boomer generation and conducting future planning? Select all that apply.

Answer

✓ A. Baby boomers tend to have fewer children than members of earlier generations.
B. Adjusted for inflation, baby boomers have lower incomes than their parents had.
C. Due to technology, baby boomers have more leisure time than other adults.
✓ D. Baby boomers perform physical exercise more frequently than other adults.

Correct Feedback Baby boomers have had fewer children than generations that preceded them and they tend to exercise more often. Their incomes tend to be higher while they enjoy less leisure time.

Incorrect Feedback Baby boomers have had fewer children than generations that preceded them and they tend to exercise more often. Their incomes tend to be higher while they enjoy less leisure time.

Add Question Here

Question 9 **Multiple Choice** **1 points** Modify Remove

Question The family of an 85-year-old man who has been admitted to the hospital with exacerbation of his chronic obstructive pulmonary disease (COPD) has expressed concern about their ability to pay for his present and future care. Which of the following statements most accurately conveys the reality of payment for care services by older adults?

Answer

A. The high value of assets owned by older adults makes the financial burden of care minimal for most older adults.
B. Payment for care is most often covered by private insurers.
C. Most older adults have their basic care needs provided in a nursing home or other institutional living arrangement.
✓ D. Overall, federal money pays for more care than do older adults or private insurers.

Correct Feedback Most money for the care of older adults comes from federally funded programs. The burden of payment is still significant for most older adults. A minority of older adults receive care in an institutional living environment.

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Add Question Here

Question 10 **Multiple Choice** **1 points** Modify Remove

Question Which of the following statements by the daughter of an 87-year-old resident of a nursing home would the nurse most likely want to correct or clarify?

Answer

A. “It seems like more and more people are living well into their 80s like my mom.”
B. “My mom has a house worth loads of money but little cash flow, and I've heard that this is fairly typical of older people.”
✓ C. “It seems like heart disease is getting more common even though people live longer than they used to.”
D. “There are more women my mother's age than there are men.”

Correct Feedback The incidence of heart disease as a cause of death is on the decline. More Americans are indeed achieving old age and many older adults have valuable assets but little cash flow. Female longevity continues to exceed that of males.

Incorrect Feedback The incidence of heart disease as a cause of death is on the decline. More Americans are indeed achieving old age and many older adults have valuable assets but little cash flow. Female longevity continues to exceed that of males.

Add Question Here

Question 11 **Multiple Choice** **1 points** Modify Remove

Question In ancient times, the relationship between age and the value afforded to individuals was generally:

Answer
A. Positive: with advanced age came increased value
B. Negative: respect declined as age increased
✓ C. Variable: respect was different in different cultures
D. Cyclic: respect moved back and forth between positive and negative

Correct Feedback Attitudes toward the aging varied among cultures. The ancient Chinese believed that the elderly deserved honor and respect, whereas the ancient Romans had little respect for the elderly, customarily killing them first in the nations Rome conquered.

Incorrect Feedback Attitudes toward the aging varied among cultures. The ancient Chinese believed that the elderly deserved honor and respect, whereas the ancient Romans had little respect for the elderly, customarily killing them first in the nations Rome conquered.

Add Question Here

Question 12 **Multiple Choice** **1 points** Modify Remove

Question Twentieth-century laws regarding health care for the elderly trace their roots back to:

Answer
✓ A. England's 17th-century Poor Laws
B. Child labor laws of the 19th century
C. The Biblical commandment: Honor your father and your mother
D. The tradition of respect for the elderly passed down from ancient Roman law

Correct Feedback Laws enacted in 20th-century America provided some measure of financial security and some level of health care for all persons aged 65 years and older, just as the Poor Laws of 17th-century England acted as a safety net for the elderly and the destitute. The child labor laws protected the young but offered no help to the elderly who were left at the mercy of their families. The Biblical commandment to “honor” provides a moral guideline but no practical benefit in terms of financial or health support. Ancient Romans deplored the elderly, and no tradition of respect for the aged was incorporated into the Roman legal code.

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Add Question Here

Question 13 **Multiple Choice** **1 points** Modify Remove

Question A new patient is not satisfied with the conditions of the nursing home, takes a highly active role in her health care, and, because of her ability to access information, is as knowledgeable as her health care providers on some health issues. This new patient is most likely:

Answer
✓ A. A young-old female baby boomer that just turned age 65
B. An old woman 75 to 85 years of age
C. An old-old woman over age 85
D. An elite-old woman older than 100 years

Correct Feedback The patient has the predicted characteristics of a baby boomer entering the senior years.

Incorrect Feedback The patient has the predicted characteristics of a baby boomer entering the senior years.

Add Question Here

Question 14 **Multiple Choice** **1 points** Modify Remove

Question Gerontological nursing will become an increasingly important profession, compared with in the past, because:

Answer
A. More people will be presenting with the same health care challenges
B. More elderly are living in increasingly squalid living conditions
C. A greater number of people are surviving the previously hazardous period of infancy
✓ D. More people are spending a longer time span in old age

Correct Feedback More people are achieving and spending longer periods of time in old age than ever before in history. Declines in living conditions, increased prevalence and incidence of the same health problems, and higher survival rates during infancy do not account for the increased importance of gerontological nursing.

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Add Question Here

Question 15 **Multiple Choice** **1 points** Modify Remove

Question Which of the following factors should a nurse prioritize when planning the care of older adults?

Answer
A. The high prevalence of mental impairment among the elderly
✓ B. The diversity of the older adult population
C. The fact that most older people live below the poverty line
D. The lack of family support that is the norm among the elderly

Correct Feedback Individuals aged 65 years and older vary widely in their health status, interest, cultural backgrounds, and health care needs. The population is not generally impaired mentally. Also, only 15% live below the poverty level. The majority live in a household with a spouse or other family member.

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Add Question Here

Question 16 **Multiple Choice** **1 points** Modify Remove

Question As the elderly population increases, so will future demands for:

Answer
A. Acute illness services in the health care system
B. Research funding for advanced drug development
C. Lengths of hospital stays and nursing home residency
✓ D. Taxation of non-elderly population groups

Correct Feedback Seniors require relatively less acute care than younger patients do; their health problems are more often chronic. Although advocacy for drug research will always be strong, it's not likely to be disproportionately influenced by, or aimed toward, the senior sector. Rising numbers of elderly individuals will not increase the time periods of hospital stays or nursing home residency. A growing senior population will, however, place an increasing burden for financial support on younger wage earners and taxpayers.

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Add Question Here

Question 17 **Multiple Choice** **1 points** Modify Remove

Question From the late 1980s to the present, the gap in life expectancy between individuals in the Caucasian and African American communities has widened. Which of the following most clearly accounts for this trend?

Answer

A. Acute illness in the black population has increased.
B. Infant mortality and complications of childbirth in the white population have declined.
✓ C. The life expectancy of African Americans has not increased at the same rate as that of the white population.
D. Deaths from homicide in the white population have increased.

Correct Feedback The gap in life expectancy between white individuals and African Americans has widened because the life expectancy of African Americans has not increased at the same pace as that of Caucasians. The U.S. Department of Health and Human Services attributes this decline to an increase in deaths from homicide and AIDS.

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Add Question Here

Question 18 **Multiple Choice** **1 points** Modify Remove

Question Two related and important trends in the elderly population are:

Answer

A. The growing gap in life expectancy between males and females and the number of women living alone
B. The increase in life expectancy of white and black people.
C. The continued burden of acute disease and the low levels of education among the elderly
✓ D. The increased burden of chronic illness and the shifting causes of death with advancing age

Correct Feedback The role of chronic illness in death rates is both significant and represents a shift from the past. The gap in life expectancy between men and women is narrowing. The life expectancy of black people has been recently declining. The generation now entering the senior years is better educated than in generations past.

Incorrect Feedback The role of chronic illness in death rates is both significant and represents a shift from the past. The gap in life expectancy between men and women is narrowing. The life expectancy of black people has been recently declining. The generation now entering the senior years is better educated than in generations past.

Add Question Here

Question 19 **Multiple Choice** **1 points** Modify Remove

Question It is important for nurses to be aware of their patients' financial situations, which can affect patients' nutritional needs and access to medical care. Which of the following applies to the majority of older people?

Answer

A. Own homes and have sufficient monthly income
✓ B. Get more than half their income from Social Security and live above the poverty level
C. Are an increasing percentage of the labor force but are “cash poor”
D. Are retiring at earlier ages and so live below the poverty level

Correct Feedback Less than 15% of older people live below the poverty level. Social Security is the main source of income for more than half of all older adults.

Incorrect Feedback Less than 15% of older people live below the poverty level. Social Security is the main source of income for more than half of all older adults.

Add Question Here

Question 20 **Multiple Choice** **1 points** Modify Remove

Question What is the most important factor contributing to limitations in self-care and independent living among the elderly?

Answer

A. Lack of family support
B. Low financial assets
C. Acute illness and injury
✓ D. Chronic illness

Correct Feedback Chronic illnesses have a significant impact on the quality of life of older adults. They are more prevalent than acute illnesses and supersede deficits in family and financial support.

Incorrect Feedback Chronic illnesses have a significant impact on the quality of life of older adults. They are more prevalent than acute illnesses and supersede deficits in family and financial support.

Add Question Here

Question 21 **Multiple Choice** **1 points** Modify Remove

Question Which of the following statements best captures an aspect of illness in older adults?

Answer

A. Heart disease is increasing in this population.
✓ B. Cancer is increasing in this population.
C. Chronic illnesses are less common than in younger people.
D. Several acute illnesses are often present that must be managed simultaneously.

Correct Feedback In the elderly population, the cancer death rate has increased in the past three decades; deaths from heart disease have declined. Several chronic conditions are often present and must be managed simultaneously.

Incorrect Feedback In the elderly population, the cancer death rate has increased in the past three decades; deaths from heart disease have declined. Several chronic conditions are often present and must be managed simultaneously.

Add Question Here

Question 22 **Multiple Choice** **1 points** Modify Remove

Question What are the most important competing forces that influence health policy for the elderly?

Answer
- ✓ A. Cost containment versus quality of care
- B. Acute care versus the burden of chronic disease
- C. Private insurance payments versus Medicare support
- D. Long-term care at home versus nursing home services

Correct Feedback Policy discussions most often pit cost containment (reducing expenditures) against quality of care (which may mean increasing expenditures). Seniors require relatively less acute care than younger patients do; their health problems are more often chronic. Because all persons over age 65 are entitled to health coverage through Medicare, insurance considerations are fewer than with younger patients. And whereas one in four seniors requires nursing home care at some time, nursing home residency is not typically long-term.

Incorrect Feedback Policy discussions most often pit cost containment (reducing expenditures) against quality of care (which may mean increasing expenditures). Seniors require relatively less acute care than younger patients do; their health problems are more often chronic. Because all persons over age 65 are entitled to health coverage through Medicare, insurance considerations are fewer than with younger patients. And whereas one in four seniors requires nursing home care at some time, nursing home residency is not typically long-term.

Add Question Here

Question 23 **Multiple Choice** **1 points** Modify Remove

Question When compared with elderly populations of the past, persons entering their senior years between 2008 and 2030 will have:

Answer
- A. Fewer chronic diseases but more acute illnesses
- B. Greater support from their children and spouses
- ✓ C. Better education and greater wealth
- D. Fewer needs for hospital or nursing home care

Correct Feedback The baby boomer cohort attained higher levels of education and economic status than past generations. They have, however, fewer children and the same (or greater) burdens of chronic disease and needs for health care as their parents did.

Incorrect Feedback The baby boomer cohort attained higher levels of education and economic status than past generations. They have, however, fewer children and the same (or greater) burdens of chronic disease and needs for health care as their parents did.

Add Question Here

Question 24 **Multiple Choice** **1 points** Modify Remove

Question Which of the following patient histories is most likely for a person older than 65 years of age?

Answer
- A. In the last year, Patient F has been treated for a skin rash, a sprained ankle, and influenza.
- ✓ B. Patient G takes medications daily for arthritis pain relief and reduction of blood pressure levels.
- C. Patient H complains of chronic fatigue, stress-related allergies, and acid reflux after meals.
- D. Patient I has been to the emergency room three times in the past year for ear infections and allergy attacks.

Correct Feedback Arthritis and heart conditions are among the most common chronic conditions of the elderly. Daily medications to reduce arthritis pain and decrease blood pressure are common. The other histories are more likely for younger patients.

Incorrect Feedback Arthritis and heart conditions are among the most common chronic conditions of the elderly. Daily medications to reduce arthritis pain and decrease blood pressure are common. The other histories are more likely for younger patients.

Add Question Here

Question 25 **Multiple Choice** **1 points** Modify Remove

Question Hospital management is reviewing departmental statistics. Which of the following departments most likely has the highest death rate of patients over age 65, and why?

Answer
- A. Oncology, because the elderly have been exposed to more carcinogens in their long lifetimes
- ✓ B. Cardiology, because heart disease remains the number one cause of death among the elderly despite a decline in recent years
- C. Endocrinology, because the elderly already have compromised immune systems
- D. Neurology, because stroke and Alzheimer's disease together cause more deaths of the elderly than any other conditions

Correct Feedback Heart disease is the leading cause of death among persons 65 years of age and older.

Incorrect Feedback Heart disease is the leading cause of death among persons 65 years of age and older.

Add Question Here

OK