Test Bank

Chapter 1: Issues and Themes in Child Development

## Multiple Choice

1. The connection that Lewis Terman found between the characteristic of conscientiousness or social dependability in childhood and the reduced likelihood of an individual dying in any given year during adulthood can be partially explained by the \_\_\_\_\_\_.

a. type of parenting style that the children’s parents used

b. fact that these children tended to come from smaller families

c. children’s ability to delay gratification

d. fact that these individuals were less likely to smoke and drink to excess

Ans: D

KEY: Learning Objective: 1.1: Who needs to have a good understanding of child development and why?

REF: Cognitive Domain: Comprehension

Answer Location: Understanding the Process of Development

Difficulty Level: Easy

2. Teen parents are particularly able to benefit from intervention programs that provide information on child development because they \_\_\_\_\_\_.

a. are more open and receptive to new ideas than older parents

b. usually have larger families than older parents

c. are less likely to know what to expect of children than older parents

d. are more impressionable than older parents

Ans: C

KEY: Learning Objective: 1.1: Who needs to have a good understanding of child development and why?

REF: Cognitive Domain: Knowledge

Answer Location: Parents and Family Members

Difficulty Level: Easy

3. The physical, cognitive, and social-emotional domains of development \_\_\_\_\_\_.

a. continually interact with each other so that development in one domain impacts and influences development in the other domains

b. develop in ways that are largely independent of each other

c. are linked together in such a way that advances in one domain hold back development in other domains

d. are so comingled that we cannot talk about development in the different domains separately.

Ans: A

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Knowledge

Answer Location: Domains of Development

Difficulty Level: Medium

4. \_\_\_\_\_\_ includes the experiences we have and the learning that occurs as we move through development.

a. Nurture

b. Nature

c. Qualitative change

d. Quantitative change

Ans: A

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Knowledge

Answer Location: Nature and Nurture

Difficulty Level: Easy

5. The quality of the caregiving that you received while growing up is an example of \_\_\_\_\_\_ and your potential ability to learn how to use language is an example of \_\_\_\_\_\_.

a. nature; nature

b. nurture; nurture

c. nature; nurture

d. nurture; nature

Ans: D

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Knowledge

Answer Location: Nature and Nurture

Difficulty Level: Medium

6. The way that children can process information changes as they get older. This is a \_\_\_\_\_\_.

a. quantitative change in development

b. qualitative change in development

c. accumulative change in development

d. transactive change in development

Ans: B

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Knowledge

Answer Location: Continuous Versus Discontinuous Development

Difficulty Level: Easy

7. Which of the following is the best example of a qualitative change in development?

a. Children grow taller but also become heavier as they get older.

b. Older children have larger vocabularies than younger children.

c. Children can run faster and farther as they get older.

d. Adolescents become more systematic in the way they go about solving problems.

Ans: D

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Knowledge

Answer Location: Continuous Versus Discontinuous Development

Difficulty Level: Easy

8. Stage theories describe \_\_\_\_\_\_.

a. qualitative changes

b. long-term changes

c. significant changes

d. physiological changes

Ans: A

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Knowledge

Answer Location: Continuous Versus Discontinuous Development

Difficulty Level: Hard

9. Characteristics such as anxiety, shyness, and aggression tend to be \_\_\_\_\_\_.

a. unstable over time, but often find the same form of expression

b. stable over time, as reflected in the same expression of these traits

c. stable over time, but how these characteristics are expressed changes

d. unstable over time, and often takes different forms of expression

Ans: C

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Comprehension

Answer Location: Stability Versus Change

Difficulty Level: Easy

10. If we say that there is no one right way to raise a child, we are endorsing the principle of \_\_\_\_\_\_.

a. multilinearity

b. longitudinality

c. equifinality

d. constructivism

Ans: C

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Comprehension

Answer Location: Individual Differences

Difficulty Level: Easy

11. Among children who suffer early deprivation, we see a variety of developmental outcomes. Some children do quite well, but others are more negatively affected. This is the principle of \_\_\_\_\_\_.

a. multifinality

b. constructivism

c. determinism

d. functionality

Ans: A

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Comprehension

Answer Location: Individual Differences

Difficulty Level: Medium

12. The field of developmental psychopathology \_\_\_\_\_\_.

a. searches for the genetic cause of the problems we see in development

b. sees behavioral and emotional disorders as distortions of normal development

c. identifies the source of problem behavior in children’s early learning experiences

d. focuses on the consequences of maladaptive behavior

Ans: B

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Knowledge

Answer Location: Individual Differences

Difficulty Level: Medium

13. When we consider how children’s characteristics, such as their age, gender, or ethnicity, impact on their development, we are \_\_\_\_\_\_.

a. searching for universal patterns of behavior

b. examining the resiliency that children bring to their development

c. looking at how individual differences modify general patterns of development

d. identifying the predictable stages of development that children move through

Ans: C

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Comprehension

Answer Location: Individual Differences

Difficulty Level: Medium

14. The theory of behaviorism views the child as a(n) \_\_\_\_\_\_.

a. active explorer of the environment who creates his or her own understanding of the world

b. passive recipient of the attempts of others to control the child’s behavior

c. active participant in the process of producing his or her own development

d. force that actively shapes the behavior of the adults in the child’s life

Ans: B

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Knowledge

Answer Location: The Role of the Child in Development

Difficulty Level: Easy

15. A child who is very active and enjoys the challenge of competing with others will be more likely to join an athletic team at school than to join the chorus or the French Club. This is an example of \_\_\_\_\_\_.

a. scaffolding

b. cultural transmission

c. multifinality

d. active niche-picking

Ans: D

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Comprehension

Answer Location: The Role of the Child in Development

Difficulty Level: Medium

16. When we talk about the impact of culture or socioeconomic status on child development, we are looking at the \_\_\_\_\_\_ of development.

a. contexts

b. domains

c. variables

d. content

Ans: A

KEY: Learning Objective: 1.3: What are the contexts for child development?

REF: Cognitive Domain: Knowledge

Answer Location: Family

Difficulty Level: Easy

17. Socioeconomic status (SES) is an important context for development because it \_\_\_\_\_\_.

a. is related to the amount of resources that a family has to support their children’s development

b. allows us to easily classify the families that we study

c. is a family characteristic that is stable and does not change over time

d. has different meanings depending upon the culture in which it occurs

Ans: A

KEY: Learning Objective: 1.3: What are the contexts for child development?

REF: Cognitive Domain: Comprehension

Answer Location: Family

Difficulty Level: Medium

18. Cross-cultural research \_\_\_\_\_\_.

a. has shown that there is nothing in development that is truly universal

b. finds that stage theories apply equally well in any culture that we study

c. has shown that early development is very similar across cultures, but that later development shows great diversity

d. finds both universal processes that apply across cultures as well as important cultural differences

Ans: D

KEY: Learning Objective: 1.3: What are the contexts for child development?

REF: Cognitive Domain: Comprehension

Answer Location: Culture

Difficulty Level: Hard

19. One way to define a culture is to say that it is a way of describing \_\_\_\_\_\_ within one group of people and \_\_\_\_\_\_ between groups of people.

a. similarities; similarities

b. differences; differences

c. differences; similarities

d. similarities; differences

Ans: D

KEY: Learning Objective: 1.3: What are the contexts for child development?

REF: Cognitive Domain: Knowledge

Answer Location: Culture

Difficulty Level: Hard

20. One explanation for why we see cultural differences in child rearing is that \_\_\_\_\_\_.

a. not all cultures have as good an understanding of child development as we have in Western countries

b. many cultures do not place the same value on rearing children that we do

c. the environmental context and values of a culture shape its goals for child rearing

d. healthy physical development is the only universal goal of child rearing

Ans: C

KEY: Learning Objective: 1.3: What are the contexts for child development?

REF: Cognitive Domain: Comprehension

Answer Location: Culture

Difficulty Level: Medium

21. The field of cultural neuroscience has found that \_\_\_\_\_\_.

a. basic physiological processes, such as perception and bodily functions, are not affected by cultural experiences

b. culture affects the development of the lower brain centers, but the higher cortical functions are not affected

c. this is one aspect of development that is almost completely impervious to cultural influence

d. culture influences the way that our brains grow and change, even affecting how we perceive our environment

Ans: D

KEY: Learning Objective: 1.3: What are the contexts for child development?

REF: Cognitive Domain: Comprehension

Answer Location: Culture

Difficulty Level: Hard

22. You can have confidence in information that you find in scientific journals because \_\_\_\_\_\_.

a. all of the information is new

b. a lot of people believe the information

c. articles typically go through a peer review process before they are published

d. the people who write scientific articles have university degrees

Ans: C

KEY: Learning Objective: 1.4: How can you be a smart consumer of information about development?

REF: Cognitive Domain: Knowledge

Answer Location: Knowing Your Sources

Difficulty Level: Easy

23. The importance of the peer review process is that \_\_\_\_\_\_.

a. everyone has an equal chance of getting their research published in a journal

b. the research has been reviewed by professionals who are knowledgeable about the topic before the research is published

c. research findings are published in multiple journals so that the results are widely disseminated

d. only well-established ideas will appear in the research literature

Ans: B

KEY: Learning Objective: 1.4: How can you be a smart consumer of information about development?

REF: Cognitive Domain: Comprehension

Answer Location: Knowing Your Sources

Difficulty Level: Medium

24. Because a science is an organized body of knowledge \_\_\_\_\_\_.

a. there must be consensus about the accuracy of new information before it can be added to that body of knowledge

b. we should only trust new information that comes from people who have a great deal of experience in the field

c. all information that enters that body of knowledge must apply across the board to everyone

d. it changes and grows over time as new and more accurate information is added to our understanding

Ans: D

KEY: Learning Objective: 1.4: How can you be a smart consumer of information about development?

REF: Cognitive Domain: Knowledge

Answer Location: Becoming a Critical Thinker

Difficulty Level: Medium

25. It is important that scientific findings can be replicated. This means that \_\_\_\_\_\_.

a. other scientists must review the research and agree that it was correctly done and that the conclusions are warranted

b. others have been able to repeat the research with the same or similar results

c. the results have been published in a well-respected research journal

d. the conclusions can be generalized to a large group of people

Ans: B

KEY: Learning Objective: 1.4: How can you be a smart consumer of information about development?

REF: Cognitive Domain: Knowledge

Answer Location: Becoming a Critical Thinker

Difficulty Level: Medium

26. We should not generalize the findings from a study to the general population unless \_\_\_\_\_\_.

a. the research agrees with your personal experiences

b. the findings apply to every individual who was in the study

c. longitudinal research has tracked the individuals over time

d. the sample is representative of the group we want to understand

Ans: D

KEY: Learning Objective: 1.4: How can you be a smart consumer of information about development?

REF: Cognitive Domain: Knowledge

Answer Location: Guarding Against Generalizations

Difficulty Level: Medium

27. We tend to notice things that we expect to see and to disregard things that we aren't expecting. This tendency is called \_\_\_\_\_\_.

a. a generalization fallacy

b. a perceptual bias

c. niche picking

d. sample bias

Ans: B

KEY: Learning Objective: 1.4: How can you be a smart consumer of information about development?

REF: Cognitive Domain: Knowledge

Answer Location: Avoiding Perceptual Bias

Difficulty Level: Easy

28. Alfred notices that his son, James, has grown another 3 inches this year. This is an example of a \_\_\_\_\_\_ change.

a. quantitative

b. qualitative

c. equifinality

d. socio-emotional

Ans: A

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Comprehension

Answer Location: Continuous Versus Discontinuous Development

Difficulty Level: Medium

29. Depression, while known to come from biological and genetic processes, can also result from early traumatic experiences. These different pathways leading to the same outcome is known as \_\_\_\_\_\_.

a. nature

b. nurture

c. multifinality

d. equifinality

Ans: D

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Comprehension

Answer Location: Individual Differences

Difficulty Level: Medium

30. Andy comes from a family of competitive runners. When he entered middle school, he signed up for the track team as a distance runner. This tendency to find an environment that is suited to his genetic tendency is known as \_\_\_\_\_\_.

a. specific suiting

b. naturing

c. multifinality

d. niche picking

Ans: D

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Comprehension

Answer Location: The Role of the Child in Development

Difficulty Level: Hard

31. Families with a higher \_\_\_\_\_\_ have more resources that can support healthy child development.

a. socioeconomic status

b. amount of family time

c. security

d. social connectedness

Ans: A

KEY: Learning Objective: 1.3: What are the contexts for child development?

REF: Cognitive Domain: Comprehension

Answer Location: Family

Difficulty Level: Hard

32. Values such as supporting the family and acting in a way that is appropriate for those around you reflects \_\_\_\_\_\_.

a. individualism

b. collectivism

c. unism

d. scaffolding

Ans: B

KEY: Learning Objective: 1.3: What are the contexts for child development?

REF: Cognitive Domain: Comprehension

Answer Location: Culture

Difficulty Level: Hard

33. A process in which professionals critique an article and make suggestions for improvement before publication is known as \_\_\_\_\_\_.

a. article review

b. journal review

c. peer review

d. resource orienting

Ans: C

KEY: Learning Objective: 1.4: How can you be a smart consumer of information about development?

REF: Cognitive Domain: Knowledge

Answer Location: Knowing Your Sources

Difficulty Level: Medium

34. Research findings need to be replicated or produced again by others to \_\_\_\_\_\_.

a. provide opportunities for future research

b. enhance credibility with the research team

c. gain confidence as to the accuracy and reliability of these findings

d. ensure that the researcher is ethical

Ans: C

KEY: Learning Objective: 1.4: How can you be a smart consumer of information about development?

REF: Cognitive Domain: Knowledge

Answer Location: Becoming a Critical Thinker

Difficulty Level: Hard

35. The positive youth movement \_\_\_\_\_\_.

a. looks for ways to help all children reach their potential

b. focuses on uncontrollable aspects of a child’s development

c. ignores the role of culture in one’s upbringing

d. focuses on understanding the cause of problems in people’s lives

Ans: A

KEY: Learning Objective: 1.1: Who needs to have a good understanding of child development and why?

REF: Cognitive Domain: Knowledge

Answer Location: Positive Psychology

Difficulty Level: Hard

36. Research that focuses on the optimal support for all children, not just at-risk children is probably from \_\_\_\_\_\_.

a. scaffolding perspective

b. negative youth development

c. positive youth development

d. individual psychology

Ans: C

KEY: Learning Objective: 1.1: Who needs to have a good understanding of child development and why?

REF: Cognitive Domain: Knowledge

Answer Location: Positive Psychology

Difficulty Level: Medium

37. A child who has a school system that results in a poor education and out-of-school activities suggests that the context of \_\_\_\_\_\_ is most likely at play.

a. family

b. community

c. socioeconomic status

d. culture

Ans: B

KEY: Learning Objective: 1.3: What are the contexts for child development?

REF: Cognitive Domain: Comprehension

Answer Location: Community

Difficulty Level: Hard

38. Which of the following is not a context for child development?

a. family

b. culture

c. community

d. gender

Ans: D

KEY: Learning Objective: 1.3: What are the contexts for child development?

REF: Cognitive Domain: Knowledge

Answer Location: Community

Difficulty Level: Medium

39. During puberty, adolescents undergo dramatic physical changes, and these changes impact social development. This is an example of how \_\_\_\_\_\_.

a. domains of development incrementally interact with each other

b. domains of development continually interact with each other

c. physical development integrates sensory and motor activities

d. we think, understand, and reason about the world

Ans: B

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Application

Answer Location: Domains of Development

Difficulty Level: Medium

40. Cognitive development primarily includes \_\_\_\_\_\_.

a. biological changes that occur in the body

b. changes in the way we think, understand, and reason about the world

c. the ways we learn to connect to other individuals

d. the integration of sensory and motor activities

Ans: B

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Knowledge

Answer Location: Domains of Development

Difficulty Level: Medium

41. Epigenetics \_\_\_\_\_\_.

a. neglects the role of nurture

b. has eliminated the role of gene expression

c. has made us aware that it is both what genes you have, and what your genes are doing

d. avoids the role of gene interaction with their environment

Ans: C

KEY: Learning Objective: 1.1: Who needs to have a good understanding of child development and why?

REF: Cognitive Domain: Knowledge

Answer Location: Nature and Nurture

Difficulty Level: Medium

42. Cultural values are expressed \_\_\_\_\_\_.

a. in overt and subtle behaviors

b. in overt behaviors only

c. in parenting practices

d. in overt and subtle behaviors and in parenting practices

Ans: D

KEY: Learning Objective: 1.3: What are the contexts for child development?

REF: Cognitive Domain: Knowledge

Answer Location: Cultural Competence and Grief

Difficulty Level: Easy

43. What are reasons to study child development?

a. to use information to improve the lives of children and adolescents

b. to foster positive development

c. to help people who work with children

d. all of these

Ans: D

KEY: Learning Objective: 1.1: Who needs to have a good understanding of child development and why?

REF: Cognitive Domain: Knowledge

Answer Location: Using our Knowledge of Child Development

Difficulty Level: Easy

44. WIC stands for \_\_\_\_\_\_.

a. Women and Children United

b. Women and Integrated Nutrition

c. Special Supplemental Nutrition Program for Women, Infants, and Children

d. World Importance of Children

Ans: C

KEY: Learning Objective: 1.1: Who needs to have a good understanding of child development and why?

REF: Cognitive Domain: Knowledge

Answer Location: Policymakers

Difficulty Level: Hard

45. Walter Gilliam found that \_\_\_\_\_\_.

a. children have numerous behavioral problems

b. mental health consultants may have a role in helping teachers handle behavioral problems

c. consultation does not have an impact on child well-being

d. nutrition supplements are important for learning

Ans: B

KEY: Learning Objective: 1.1: Who Needs to Have a Good Understanding of Child Development and Why?

REF: Cognitive Domain: Knowledge

Answer Location: Policymakers

Difficulty Level: Hard

46. Research on WIC has found that \_\_\_\_\_\_.

a. participation in the program is associated with reduced risk of low birth weight

b. participation in the program is associated with reduced risk of premature birth

c. participation in the program is rated as a burden to parents

d. participation in the program is associated with reduced risk of low birth weight and premature birth

Ans: D

KEY: Learning Objective: 1.1: Who Needs to Have a Good Understanding of Child Development and Why?

REF: Cognitive Domain: Knowledge

Answer Location: Policymakers

Difficulty Level: Easy

47. Which of the following does not represent a broad category of development?

a. middle childhood

b. adolescence

c. toddlerhood

d. late infancy

Ans: D

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Knowledge

Answer Location: Ages and Stages

Difficulty Level: Hard

48. Toddlers (ages 1–3) continue to \_\_\_\_\_\_.

a. develop motor skills and explore their physical world

b. establish strong emotional attachments to caregivers

c. lay the foundation for learning language

d. show greater reliance on their caregivers

Ans: A

KEY: Learning Objective: 1.1: Who needs to have a good understanding of child development and why?

REF: Cognitive Domain: Knowledge

Answer Location: Ages and Stages

Difficulty Level: Hard

49. Adolescence is delineated by \_\_\_\_\_\_.

a. development of the ability to think in a more ordered and structured way

b. the ability to develop a clearer sense of self

c. the onset of puberty

d. development of the ability to engage in perspective taking

Ans: C

KEY: Learning Objective: 1.1: Who needs to have a good understanding of child development and why?

REF: Cognitive Domain: Knowledge

Answer Location: Ages and Stages

Difficulty Level: Hard

50. Samodol is a 21-year-old male who goes to school. He does not work yet, and does not feel ready to start working, but is also independent from his family. This stage of transition refers to \_\_\_\_\_\_.

a. advancing adolescence

b. emerging adulthood

c. development period

d. advancing adulthood

Ans: B

KEY: Learning Objective: 1.1: Who needs to have a good understanding of child development and why?

REF: Cognitive Domain: Comprehension

Answer Location: Ages and Stages

Difficulty Level: Easy

## True/False

1. Changes in the way that we think, understand, and reason about the world is the domain of social-emotional development.

Ans: F

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Knowledge

Answer Location: Domains of Development

Difficulty Level: Easy

2. Physical, cognitive, and social-emotional development all occur independently of each other and do not interact with each other.

Ans: F

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Knowledge

Answer Location: Domains of Development

Difficulty Level: Medium

3. In any stage theory, the quality of what happens at one stage is different from what happens at other stages.

Ans: T

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Knowledge

Answer Location: Continuous Versus Discontinuous Development

Difficulty Level: Hard

4. Although there are both stability and change in development, stability is the most prominent characteristic in development.

Ans: F

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Knowledge

Answer Location: Stability Versus Change

Difficulty Level: Medium

5. The Swiss psychologist Jean Piaget said that we should see children as active participants in their own development.

Ans: T

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Knowledge

Answer Location: The Role of the Child in Development

Difficulty Level: Hard

6. A family’s socioeconomic status is important because it largely determines the amount of resources the family will have to support their children’s development.

Ans: T

KEY: Learning Objective: 1.3: What are the contexts for child development?

REF: Cognitive Domain: Knowledge

Answer Location: Family

Difficulty Level: Easy

7. You should know something about the qualifications of people who present themselves as experts on child development before you accept what they are saying.

Ans: T

KEY: Learning Objective: 1.4: How can you be a smart consumer of information about development?

REF: Cognitive Domain: Knowledge

Answer Location: Knowing Your Sources

Difficulty Level: Easy

8. For information to be considered “scientific” information, it should be information that stays the same over time.

Ans: F

KEY: Learning Objective: 1.4: How can you be a smart consumer of information about development?

REF: Cognitive Domain: Knowledge

Answer Location: Becoming a Critical Thinker

Difficulty Level: Medium

9. If an idea has been around for a long time, that is the best indicator that the idea is correct.

Ans: F

KEY: Learning Objective: 1.4: How can you be a smart consumer of information about development?

REF: Cognitive Domain: Knowledge

Answer Location: Becoming a Critical Thinker

Difficulty Level: Medium

10. It is appropriate to generalize results from one study to other populations similar to the sample used in it.

Ans: T

KEY: Learning Objective: 1.4: How can you be a smart consumer of information about development?

REF: Cognitive Domain: Knowledge

Answer Location: Guarding Against Generalizations

Difficulty Level: Medium

11. It is easier to remember ideas that challenge your expectations than to remember those that fit your expectations.

Ans: F

KEY: Learning Objective: 1.4: How can you be a smart consumer of information about development?

REF: Cognitive Domain: Knowledge

Answer Location: Avoiding Perceptual Bias

Difficulty Level: Medium

12. Social policy refers to government or private policies for dealing with social issues, and can have an impact on the well-being of children.

Ans: T

KEY: Learning Objective: 1.1: Who needs to have a good understanding of child development and why?

REF: Cognitive Domain: Knowledge

Answer Location: Social Policy

Difficulty Level: Easy

13. Social-emotional development includes biological changes that occur in the body, like changes in size and strength, as well as the integration of sensory and motor activities.

Ans: F

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Knowledge

Answer Location: Domains of Development

Difficulty Level: Hard

14. Physical development includes all the ways we learn to connect to other individuals, understand our emotions and the emotions of others, interact effectively with others, and express and regulate our emotions.

Ans: F

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Knowledge

Answer Location: Domains of Development

Difficulty Level: Medium

15. Social-emotional development includes all the ways we learn to connect to other individuals, understand our emotions and the emotions of others, interact effectively with others, and express and regulate our emotions.

Ans: T

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Knowledge

Answer Location: Domains of Development

Difficulty Level: Easy

## Essay

1. Describe three domains of development and explain how they interact.

Ans: **Physical development** includes the biological changes that occur in the body, including changes in size and strength, as well as the integration of sensory and motor activities. Neurological, or brain, development has become a major area for research in physical development. **Cognitive development** includes changes in the way we think, understand, and reason about the world. It includes the accumulation of knowledge as well as the way we use that information for problem solving and decision making. **Social-emotional development** includes all the ways we learn to connect to other individuals, understand our emotions and the emotions of others, interact effectively with others, and express and regulate our emotions.

KEY: Learning Objective: 1.1: Who needs to have a good understanding of child development and why?

REF: Cognitive Domain: Comprehension

Answer Location: Policymakers

Difficulty Level: Easy

2. Describe what is meant by nature and nurture.

Ans: **Nature**, our genetic inheritance, and **nurture**, the influence of the environment, have shaped our understanding of why we act certain ways and how we can influence human behavior. We have left behind the era of “nature versus nurture” and entered the era of “naturethroughnurture” in which many genes, particularly those related to traits and behaviors, are expressed only through a process of constant interaction with their environment.

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Comprehension

Answer Location: Nature and Nurture

Difficulty Level: Easy

3. Describe the difference between continuous and stage-like change in child development.

Ans: Typically, **stage theories** describe development in terms of qualitative or continuous change, while **incremental theories** describe development as occurring through quantitative or discontinuous changes.

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Comprehension

Answer Location: Continuous Versus Discontinuous Development

Difficulty Level: Medium

4. Children’s lives are affected by those who interact directly with them. However, even more children are affected by laws, policies, and programs established at a national or local level. Describe two programs that have had a major impact on children’s lives.

Ans: Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides supplemental food and nutrition education for low-income, nutritionally at-risk women, infants, and children up to age 5. Good nutrition ensures the healthy development of the baby and is associated with several positive outcomes. Edward Zigler Center in Child Development and Social Policy at Yale University.

KEY: Learning Objective: 1.1: Who needs to have a good understanding of child development and why?

REF: Cognitive Domain: Knowledge

Answer Location: Understanding the Process of Development

Difficulty Level: Medium

5. Describe how a child plays an active role in his or her own development.

Ans: The concept of **niche picking** (Scarr & McCartney, 1983) suggests that people actively seek out environments that are a good fit with their genetic makeup. In this way, children actively shape their experiences by choosing environments which, in turn, enhance or inhibit the characteristics that initially attracted the child to that environment.

KEY: Learning Objective: 1.2: What are the domains of child development and some recurring issues in the field?

REF: Cognitive Domain: Comprehension

Answer Location: The Role of the Child in Development

Difficulty Level: Hard